

Getting started with MiniMed Go™ app settings

A guide for healthcare professionals on the settings to provide users for the set up of the MiniMed Go™ app.



MiniMed Go app settings

- Long-acting insulin settings
- Rapid-acting insulin settings
- Glucose alert settings

Long-acting insulin settings and reminder:

Provide the following:

- Insulin name
- Dose frequency
- Dose time/amount

Long-acting reminder: Default is  OFF

Consider this for users who may occasionally forget to take or log their long-acting dose.

Rapid-acting insulin settings:

For the user to use the dose calculator, the settings below must be programmed, and a meal therapy type must be chosen.

General rapid-acting settings:

Carb ratio (ICR):

Grams of carb covered by one unit of insulin. Use existing carb ratios or calculate using your practice guidelines (or accepted rules such as the 450 rule: $450/\text{Total Daily dose [TDD]}$).

Insulin sensitivity factor (ISF):

Also known as correction factor, this is the amount glucose is lowered by 1 unit of insulin. Use existing ISF or calculate using your practice guidelines (or accepted rules such as $1800/\text{TDD}$).

Glucose target:

The target to which the calculator corrects when determining doses. Individualize based on user.

Active Insulin Time:

Set as per the insulin manufacturer or as per your practice.

Max recommended dose:

Set number at maximum dose individual can safely receive in one injection.

Meal Therapy options for the Dose Calculator:

There are three meal therapy mode options on the system. Select the one that best meets the user's dosing needs for meals.

1. Carb Counting:

Select for users who are familiar with carbohydrate counting. User will enter carbs for meals and snacks. The dose calculator will use programmed carb ratio to determine recommended dose to cover carbs.

No additional settings required.

2. Meal Estimation:

Select for users who struggle to or can't count carbs but can estimate general carb size of meal.

Additional settings required: Estimated number of carbs for each meal type (i.e., 15 grams for Extra low carb)

3. Fixed Dose:

Select for users who are unable to count carbs or estimate carb size.

Additional settings required: Number of carbs assigned to each meal (i.e., 45 grams for breakfast)

Recommended glucose alert settings:

While the system allows you to customize settings, it's best to use the default settings if they are appropriate for your patient. This can help reduce alert fatigue.

Default settings:

Low glucose alerts (ON both day and night):

Low limit: 70 mg/dL

Alert on low:

Snooze: 20 min

Note: The fixed urgent low glucose alert is always ON:

- <55 mg/dL when using the Instinct sensor, Made by Abbott
- <64 mg/dL when using the Simplera™ sensor

High glucose alerts (ON for day, OFF for night):

Day starts: 6:00 a.m.

Missed dose:

Correct high glucose:

Snooze: 2 hours

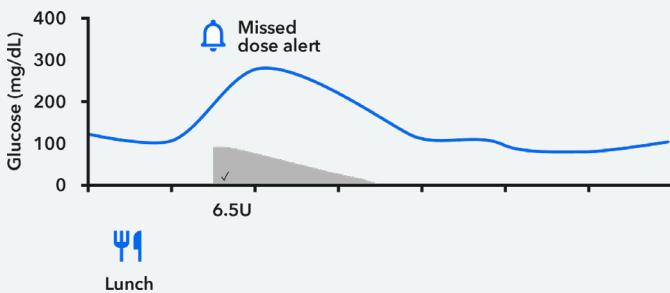
Night starts: 9:00 p.m.

All alerts:

Understanding the Missed dose and Correct high glucose alerts:

The Missed dose and Correct high glucose alerts notify a user ONLY when a dose (action by the user) is needed to get back to target glucose levels. The default and recommended settings are ON for day and OFF for night.

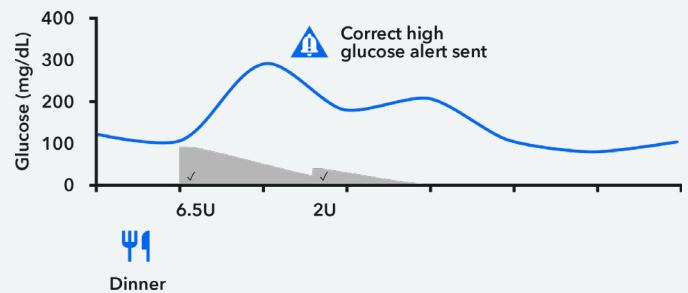
The **Missed dose alert** alerts the user when the algorithm detects a rapid rise in SG and no recent dose of insulin has been logged.



Recommended user action if received:

Enter full carbs/meal type of the missed meal into the dose calculator, leave the glucose blank, and take the recommended dose.

The **Correct high glucose alert** alerts the user when glucose is above target, and the dose calculator would recommend a correction dose to get glucose back into range.



Recommended user action if received:

Enter the glucose into the dose calculator (if needed), select not eating or 0 carbs to calculate a correction, and take the recommended dose.

When using the MiniMed Go system, encourage users to do the following:



Use the dose calculator



Take doses as recommended



Respond to alerts and take action, if appropriate

The MiniMed Go™ system with Instinct sensor, Instinct Go sensor and Simplera™ sensor

The MiniMed Go system includes the MiniMed Go app, InPen smart insulin pen injector and either the Instinct continuous glucose monitoring (CGM) sensor or Simplera CGM sensor. The system is intended to aid in diabetes management through multiple daily injections of compatible rapid-acting insulins. Age indications vary by CGM. Use requires a prescription, adequate hearing and vision, a compatible mobile device and operating system, pairing and connectivity, proper settings, use of an approved rapid-acting insulin, manual logging of insulin doses administered by means other than InPen, and occasional blood glucose meter (BGM) readings. Establishment of settings and treatment decisions should be made in consultation with a healthcare professional. For complete details, consult the appropriate system and component user guides, and see <https://bit.ly/GoSafety>.

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