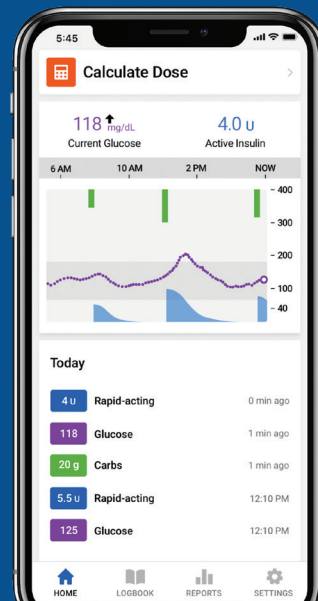


inpen™

GETTING YOUR  
PATIENTS STARTED  
ON THEIR **INPEN™**  
**SMART INSULIN  
PEN SYSTEM**

A step-by-step training guide  
for the healthcare professional





## Welcome to the InPen System.

As a healthcare professional, you understand the challenges of Multiple Daily Injection (MDI) therapy your patients face.

- Missing insulin doses
- Miscalculating insulin doses
- Insulin stacking
- Lack of MDI data reports

Intelligent dosing based on a new-and-improved smart MDI platform.

The InPen smart insulin pen records insulin injections and recommends doses based on current blood glucose, insulin dose, and current active insulin.

*Let's get your patient started!*

### Supplies needed:

- Apple iOS or Android™ device
- InPen smart insulin pen
- InPen app - Download from the Apple App Store or Google Play "InPen"
- Insulin cartridge
- Disposable pen needle



**App Store Preview**

This app is available only on the App Store for iPhone and iPad.

**InPen: Diabetes Management App** 12+

Smart Dose Calculator, MDI Log  
Companion Medical Inc.  
4.3, 103 Ratings  
Free

**Screenshots** iPhone iPad

**Dose with Confidence**  
**Personalized Dose Guidance**  
**BGM and CGM Integrations**  
**Records Doses Automatically**

InPen helps you take the right amount of insulin, at the right time, by automatically tracking your doses and providing personalized insulin recommendations.  
YOUR INSULIN PEN SHOULD WORK HARDER FOR YOU

**What's New** [Version History](#)  
Performance and usability improvements  
- Support for Sign in with Apple  
- Long-acting reminders now include day, time and dose amount

**Ratings and Reviews** [See All](#)  
**4.3** out of 5 103 Ratings

Overall great but could use a f...  
I love the product and the app is nice but it could use a little help. First the pen should be able to... more

Updates get better and better  
After a years use of inPen i... more

Developer Response,  
Hi UpRocka. Thank you for... more

Information  
Seller: Companion Medical Inc.  
Size: 231.7 MB  
Category: Medical  
Compatibility: Requires iOS 10.0 or later. Compatible with iPhone, iPad, and iPod touch.  
Languages: English  
Age Rating: 12+  
Copyright: © Companion Medical Inc. 2020  
Price: Free  
[Developer Website](#) [App Support](#) [Privacy Policy](#)

# Onboarding: A One-on-One Conversation.



1

Have patient download InPen app and create an account.



2

Give patient a Quick Start Guide. Fill out the *Settings* section together.



3

Have the patient contact the StartRight™ team for additional training  
M-F 8 AM-8 PM CT  
1-800-646-4633 Ext. 22763



4

Review best practices for insulin injection: site rotation, priming, technique, and expiration dates.

## InPen features include:

- Tracks active insulin
- Calculates insulin doses
- Missed dose reminders
- Long-acting insulin reminders
- Blood glucose check reminders
- Insulin expiration & temperature alerts
- Integrates with CGMs and BGMs with Bluetooth® through Apple Health app
- Real-time\* CGM readings available through the Guardian™ Connect system

Shareable reports for healthcare team



\*Data may not appear or be delayed in certain instances, including when there is no Internet connection.

# Setup Wizard

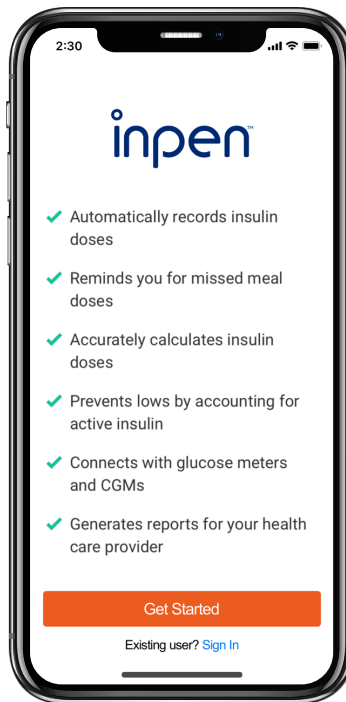
InPen smart insulin pen is designed to help patients get started easily. Once the app has been downloaded, the wizard will guide users through the setup process.

## Getting Started



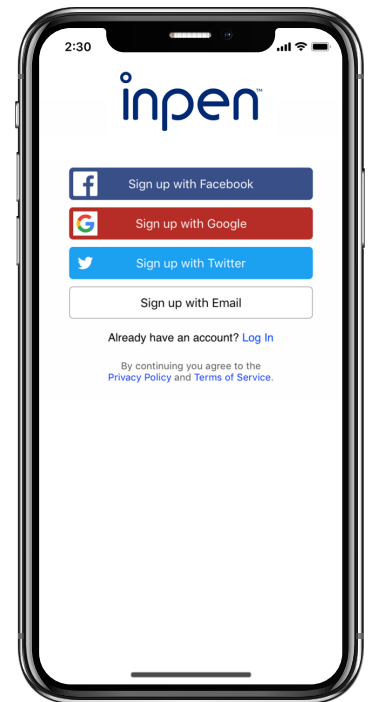
1

Open the InPen app on the mobile device



2

Get started.



3

Have patient sign up using Facebook, Google, Twitter, or email.

Already have an account? Log in.

## Step 1: About You

The smartphone screen displays the 'inpen' logo at the top left and 'SIGN UP' below it. There are four input fields: 'First Name', 'Last Name', 'Email' (with an envelope icon), and 'Password' (with a lock icon). An orange 'SIGN UP' button is at the bottom.

4

Sign up using email. Patient will have to check their email for the verification link.



The smartphone screen shows a progress indicator at the top with six circles, the first of which is highlighted in blue. Below it, 'STEP 1 About You' is displayed. A large circular icon with a person silhouette is in the center. Below the icon, the text reads 'Take a moment to tell us about you.' An orange 'Next' button is at the bottom.



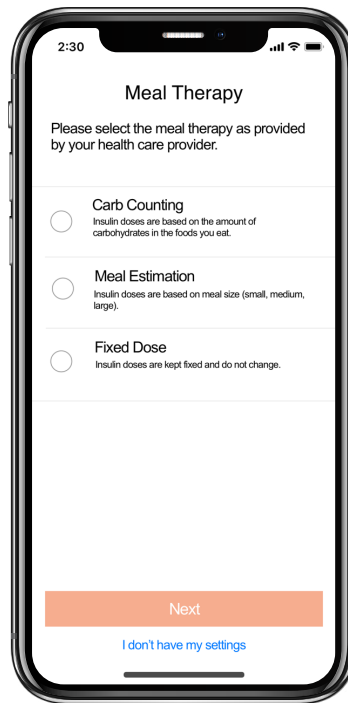
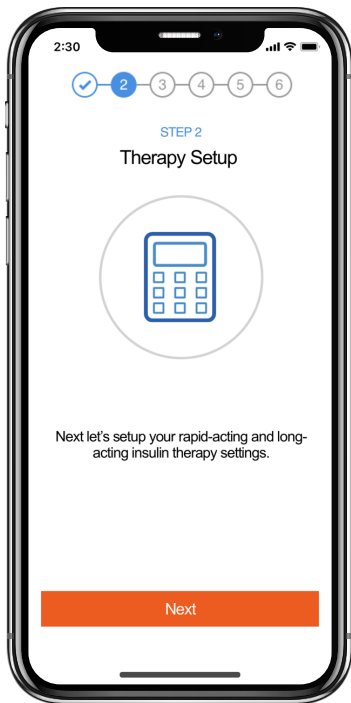
The smartphone screen displays the 'Tell us about you' form. It includes fields for 'First Name' (John), 'Last Name' (Doe), 'Email' (jdoe@gmail.com), 'Phone' (Tap here), and 'Date of Birth' (Tap here). A section titled 'HEALTH INFORMATION' follows, with fields for 'Doctor' (Tap here), 'Diabetes Type' (Tap here), 'Year of Diagnosis' (Tap here), 'Prior Delivery Method' (Tap here), 'Gender' (Tap here), and 'Height' (Tap here). An orange 'Next' button is at the bottom.

1

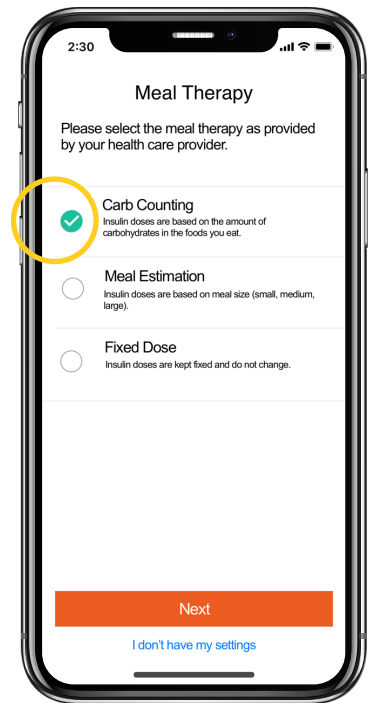
Complete the information to "Tell us about you."

# Setup Wizard

## Step 2: Therapy Settings



## Carb Counting

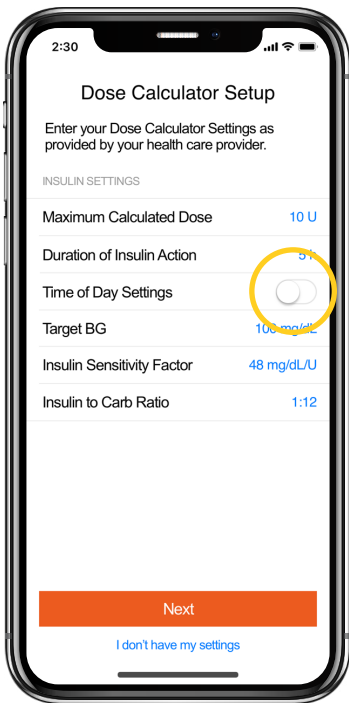


1

Meal Therapy is based on patient meal mode. This screen directs to Carb Counting, Meal Estimation, or Fixed Dose preferences.

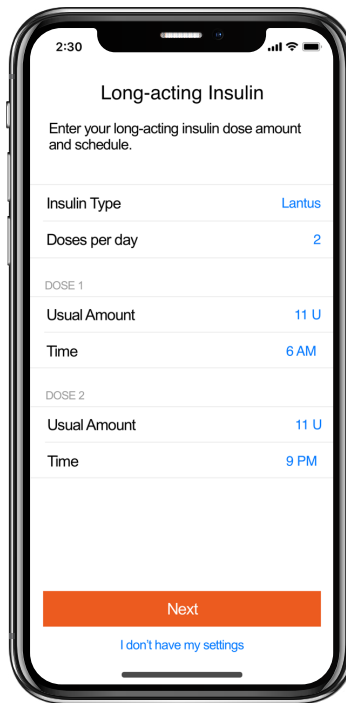
For **Carb Counting**, follow the next steps.

## Meal Estimation



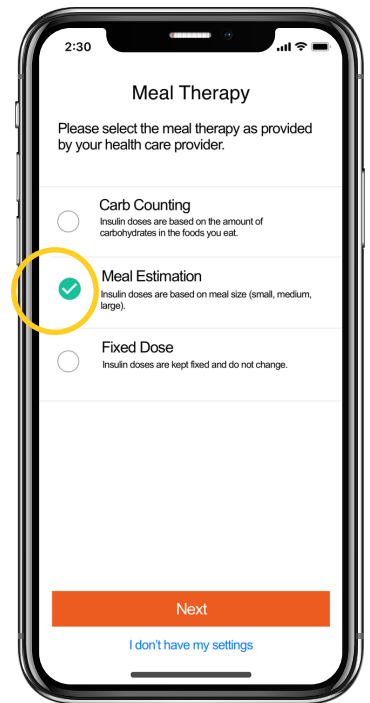
2

Turn ON Time of Day settings, if applicable. Use last time segment for overnight settings (default is 10 pm).



3

Enter long-acting insulin dose amount and the day for each dose.

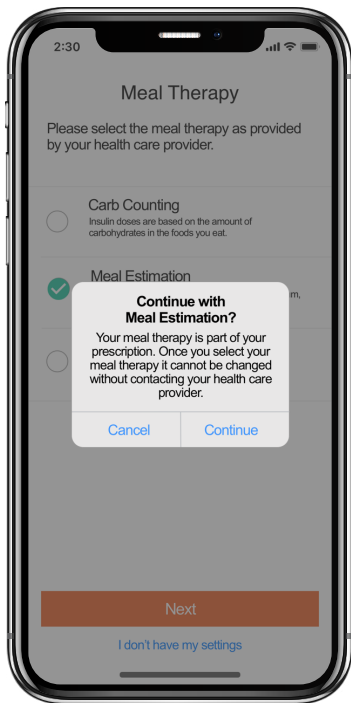


1

For **Meal Estimation**, follow the next steps.

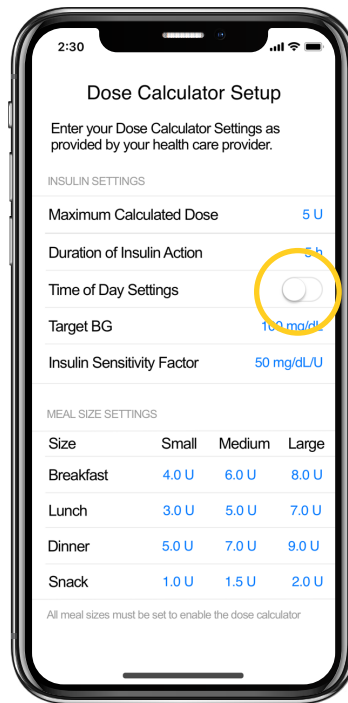
# Setup Wizard

## Meal Estimation cont.



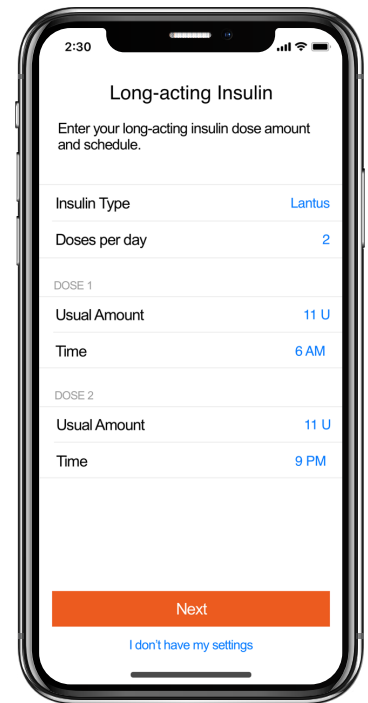
2

Confirm Meal Therapy mode. If the patient is on Meal Estimation and wants to advance to Carb Counting, a new prescription is required.



3

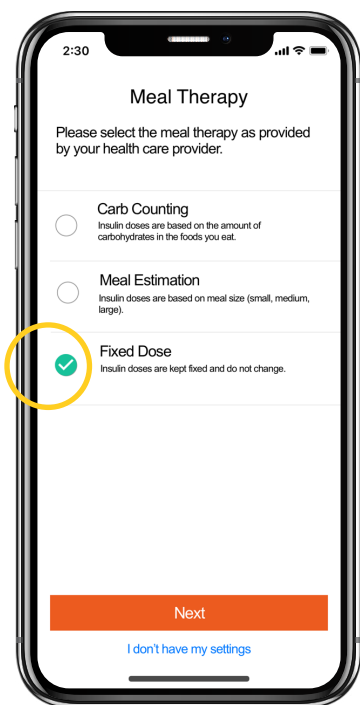
Turn ON Time of Day settings, if applicable. Use last time segment for overnight settings (default is 10 pm).



4

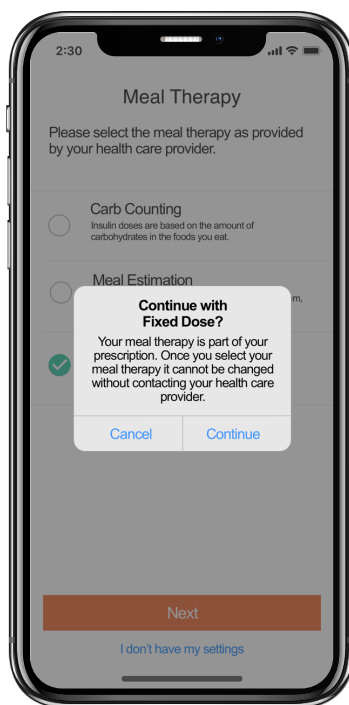
Enter long-acting insulin dose amount and the time of day for each dose.

## Fixed Dose



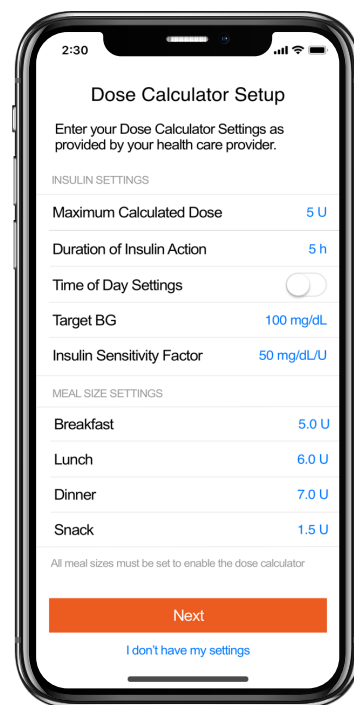
1

For **Fixed Dose**, follow the next steps.



2

Confirm Meal Therapy mode. If the patient is on Fixed Dose and wants to advance to Meal Estimation or Carb Counting, a new prescription is required.



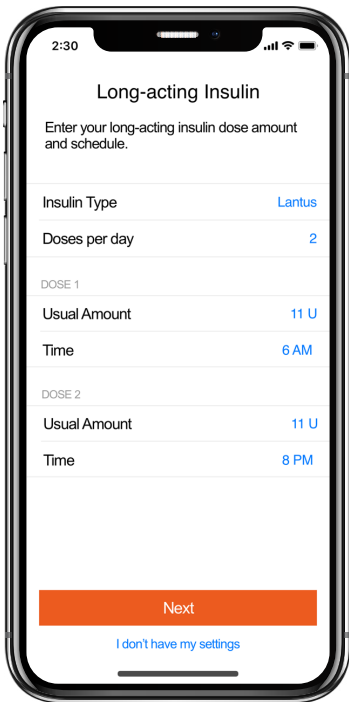
3

Turn ON Time of Day settings, if applicable. Use last time segment for overnight settings (default is 10 pm).

# Setup Wizard

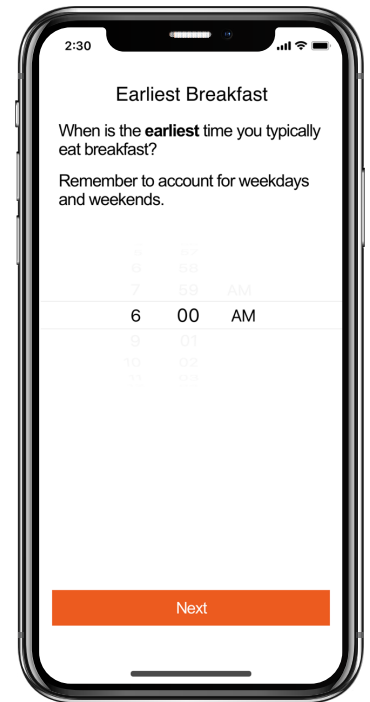
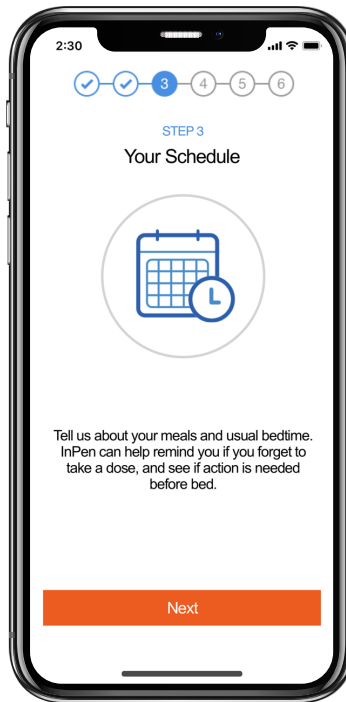
## Fixed Dose cont.

## Step 3: Your Schedule



5

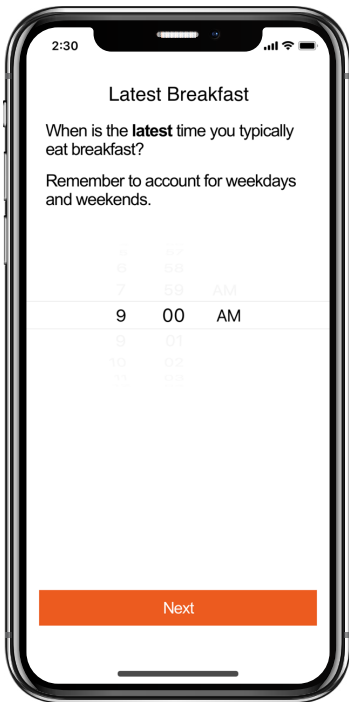
Enter long-acting insulin dose amount and the time of day for each dose.



1

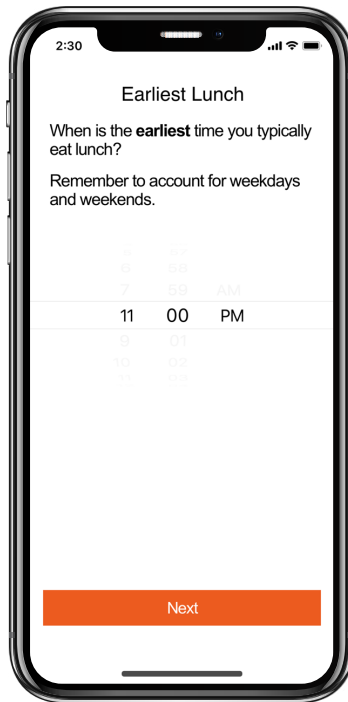
Enter the *earliest* time for breakfast settings.

**TIP:** Combine weekday + weekend schedules for wider range.



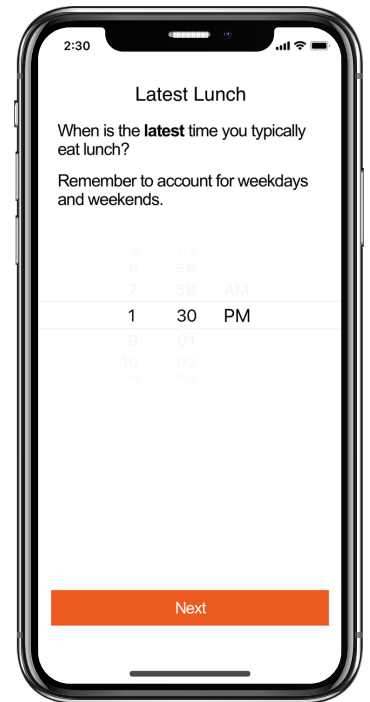
2

Enter the *latest* time for breakfast settings.



3

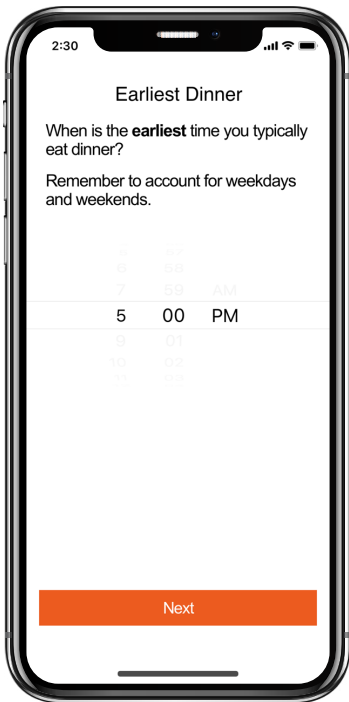
Enter the *earliest* time for lunch settings.



4

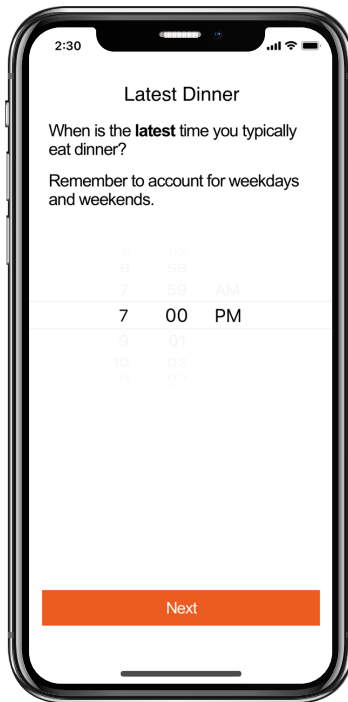
Enter the *latest* time for lunch settings.

# Setup Wizard



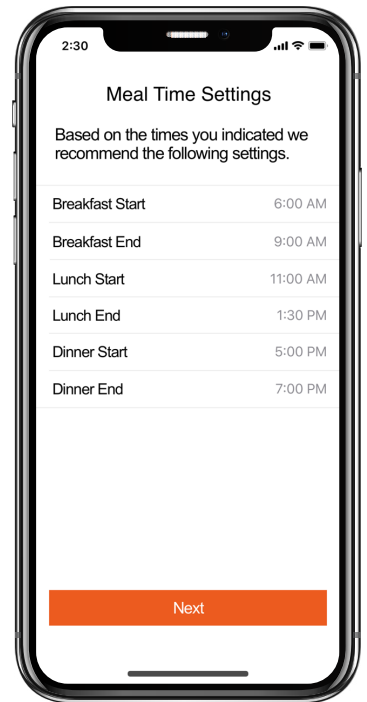
5

Enter the *earliest* time for dinner settings.



6

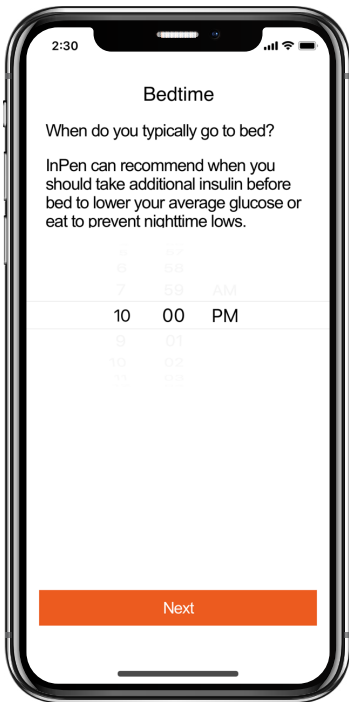
Enter the *latest* time for dinner settings.



7

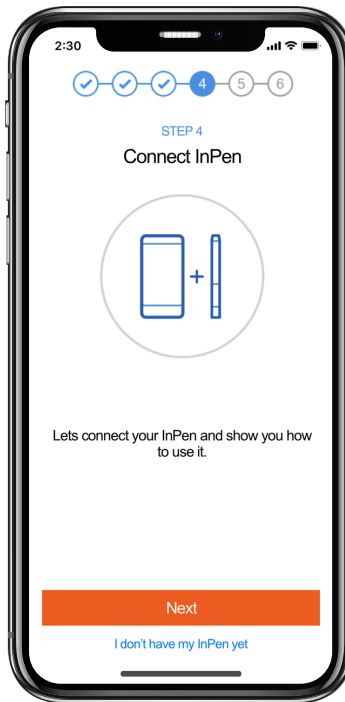
Confirm meal time settings.

## Step 4: Connect InPen



8

Bedtime settings:  
InPen app recommends when to  
check BG before bed.



1

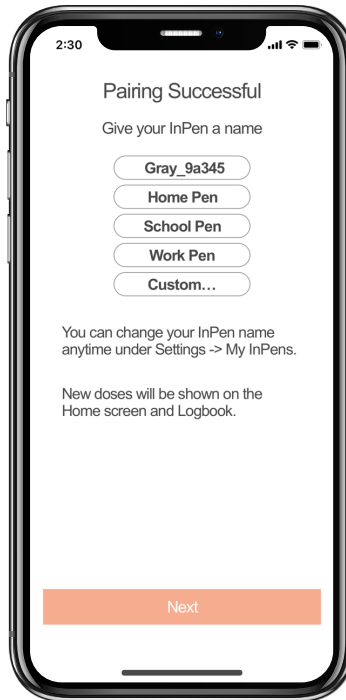
**Watch the video:**  
How to dial and dispense  
a pairing dose.

# Setup Wizard



2

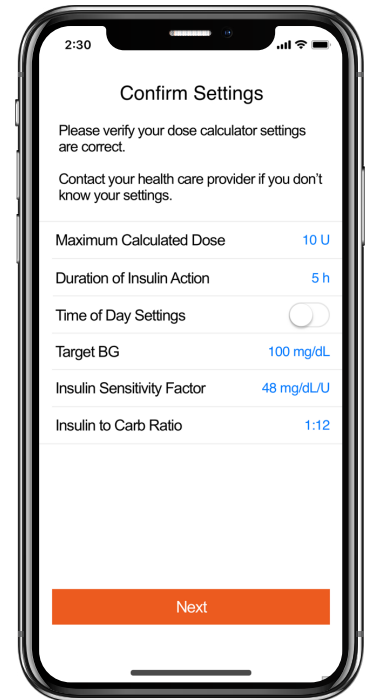
Bluetooth® will search for the InPen.



3

Once paired, the patient has the option to name their pen. This is helpful when multiple pens are paired to the app.

**TIP:** We suggest prescribing 2 pens - one for work/school and one for home.



4

Confirm the settings provided by the healthcare provider.



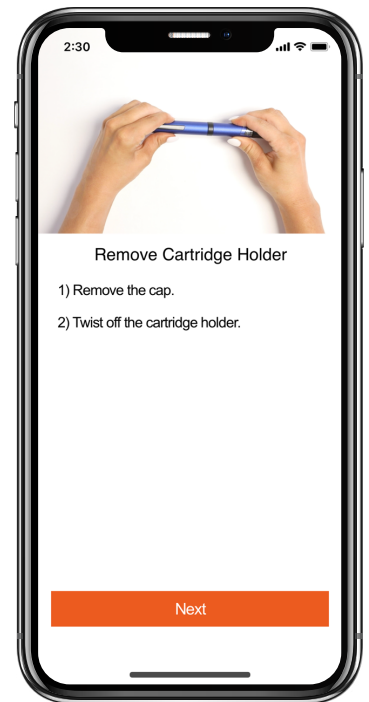
5

Make sure the device is enabled to capture all doses.



6

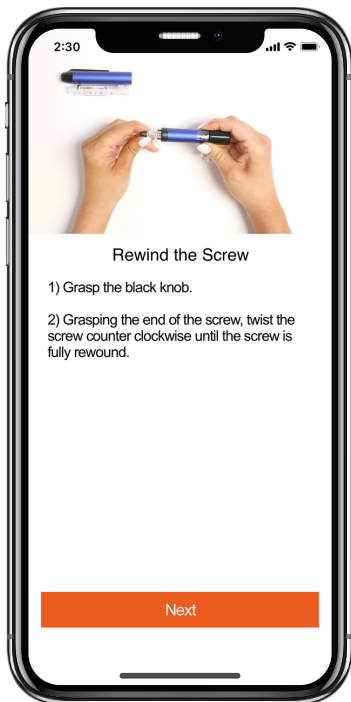
Read the instructions on how to install an insulin cartridge.



7

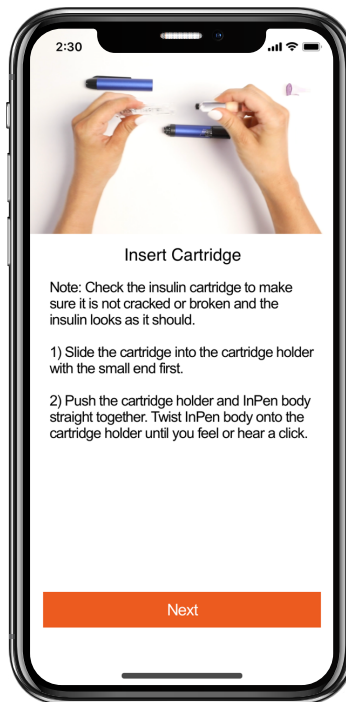
Watch the video: How to remove the cartridge holder.

# Setup Wizard



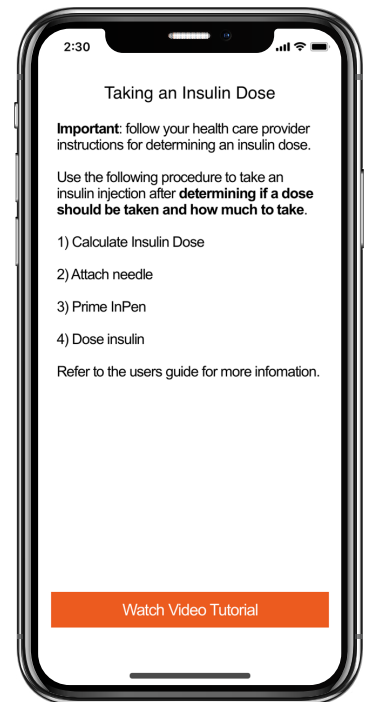
8

Watch the video:  
How to rewind the screw.



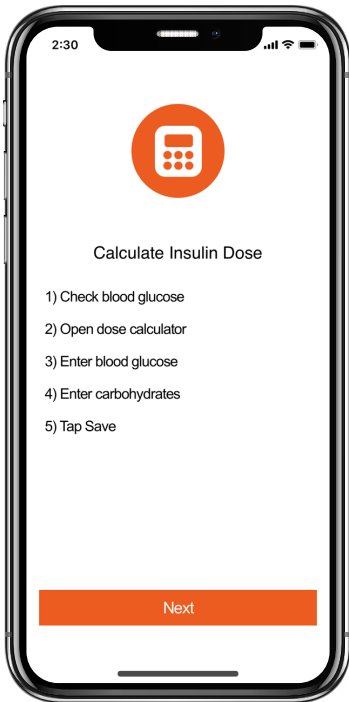
9

Watch the video:  
How to insert an  
insulin cartridge.



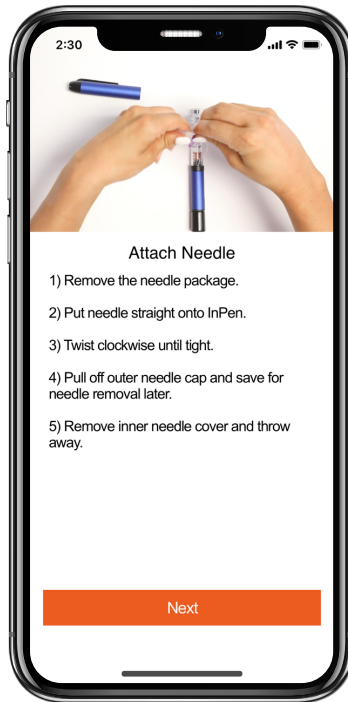
10

Read the important instructions  
on taking an insulin dose.



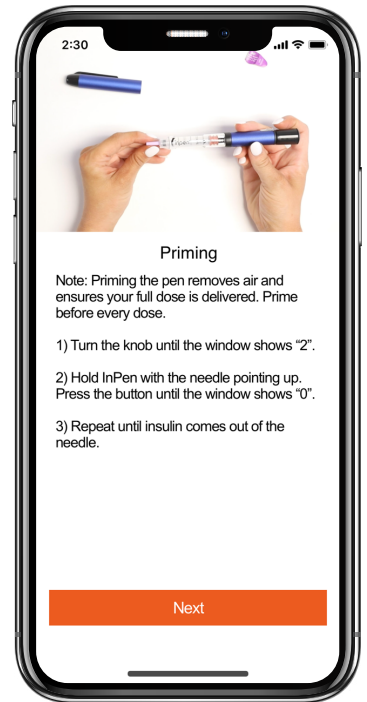
11

Learn more about the dose calculator.



12

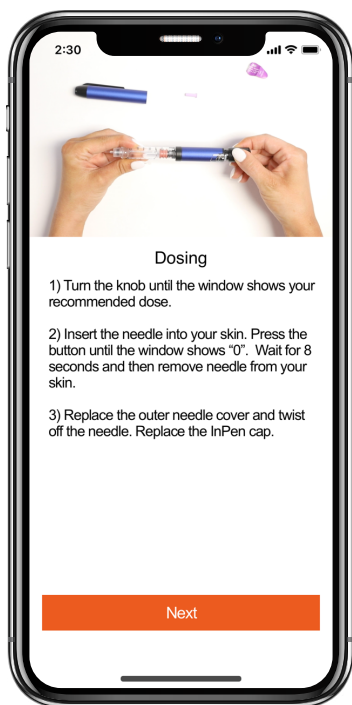
Watch the video:  
How to attach a pen needle.



13

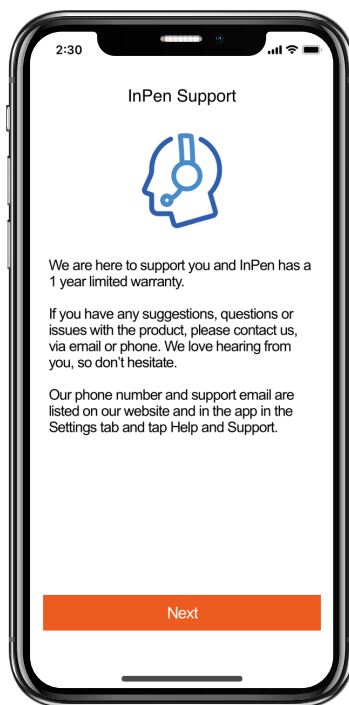
Watch the video:  
How to prime.

# Setup Wizard



14

Watch the video:  
How to prepare  
for a dose.



15

## InPen Support

InPen smart insulin pen has a 1-year warranty. Don't hesitate to call customer support for troubleshooting or warranty replacements 844-843-7903.

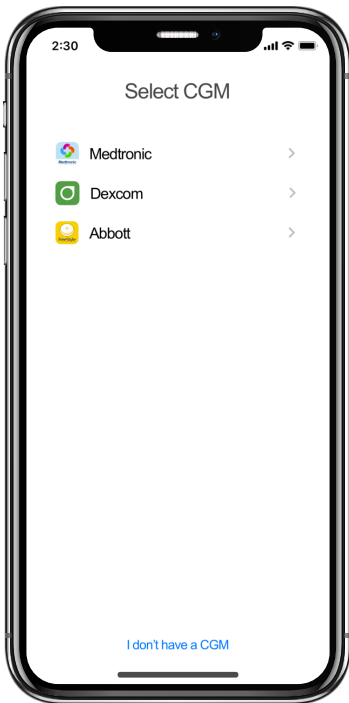


## Step 5: Connect CGM/BGM



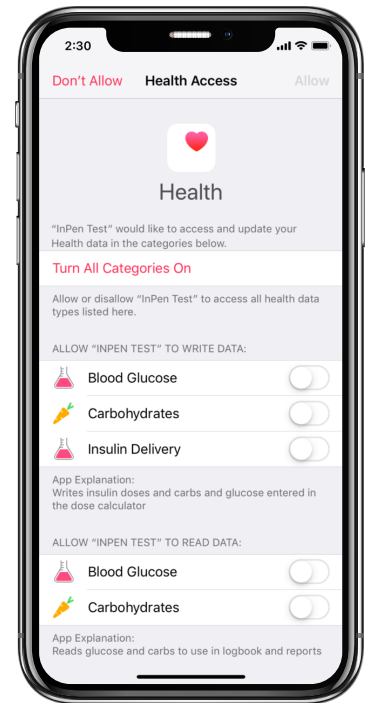
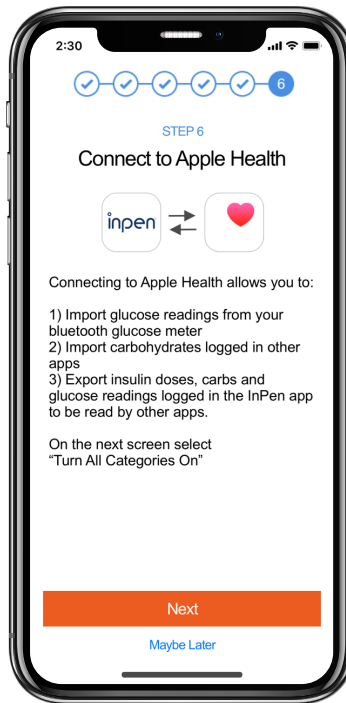
The InPen app connects with select CGMs and BGMs. For a complete list of compatible devices, visit [www.MyInPen.com](http://www.MyInPen.com).

## Step 6: Connect Apple Health



1

If the patient has a CGM, select the CGM on this screen. If they don't have a CGM, encourage patient to speak to their healthcare provider about CGM.



1

For those on Apple iOS device, connect to Apple Health if patient wants to share their data with other diabetes apps.

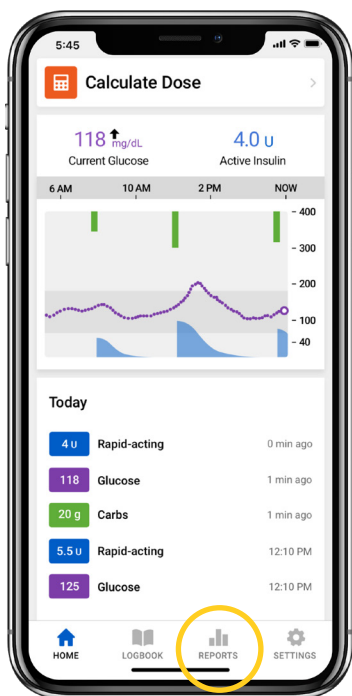


**Congratulations!**  
**Setup is complete.**

# How to Fax, Email, or Print Insights Report.

It's easy for your patients to send Insights reports to their healthcare provider. Follow these instructions:

## Step 1: Generating a Report



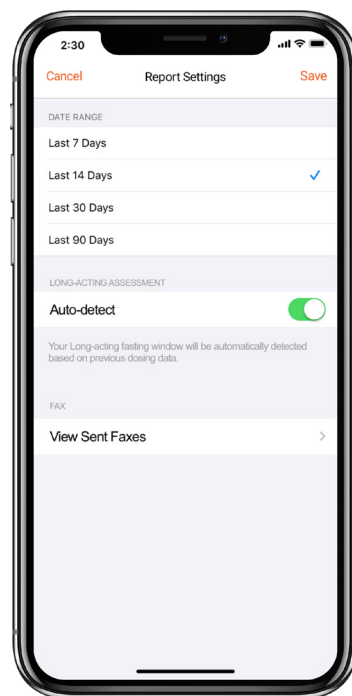
1

From the home screen; click on 'Reports' at the bottom.



2

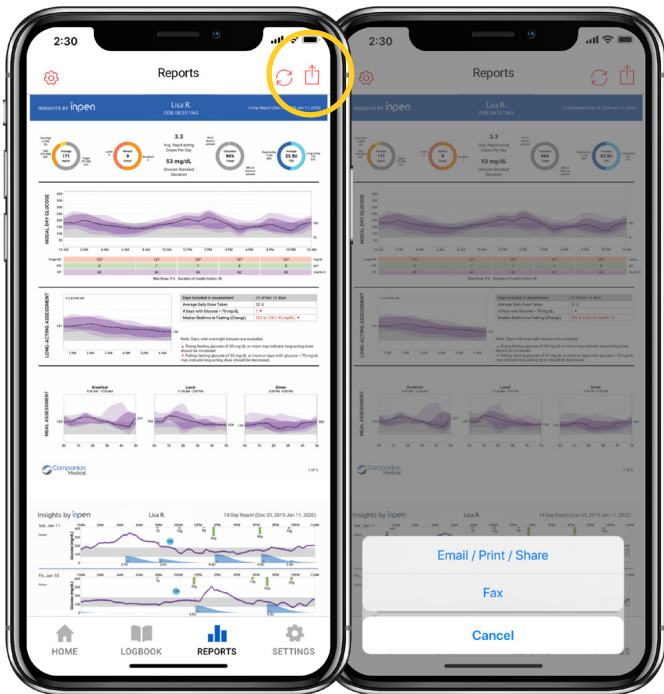
Select 'Settings' icon in upper left corner.



3

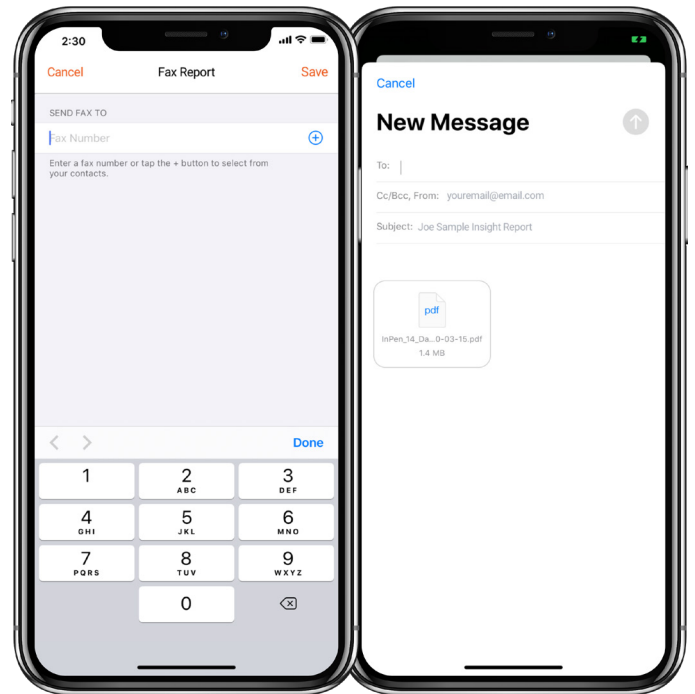
Select the date range and 'save' in upper right.

## Step 2: Sharing a Report



4

Click on the 'Send' icon on the top right of the screen.  
Select how to send the report.



5

Enter information (fax number, email address,  
or select printer) and send.

# Insights Reports Provides Full Visibility of Patient Data.

## 1. Statistics

Quickly assess overall control.

## 2. Missed Doses

Detect if any particular meal-time insulin dose or basal insulin dose is regularly missed.

## 3. Dosing Behavior

Determine if your patient is using the dose calculator at meals and for corrections. Are they following the dosing recommendations?

## 4. Insulin Data

Observe total daily dose and distribution between basal and bolus doses.

## 5. Modal Day Glucose Graph

Displays time of day, target glucose, and therapy settings for a quick assessment of glucose patterns.

## 6. Therapy Settings

Based on observations and discussions with the patient, determine if therapy settings or meal times need adjusting for any time of day or meal.

## 7. Long-acting Insulin Assessment

Makes it easier to see how the long-acting dose is working or if it needs an adjustment. Fine-tune regimen quickly and easily.

## 8. Meal Assessment Graphs

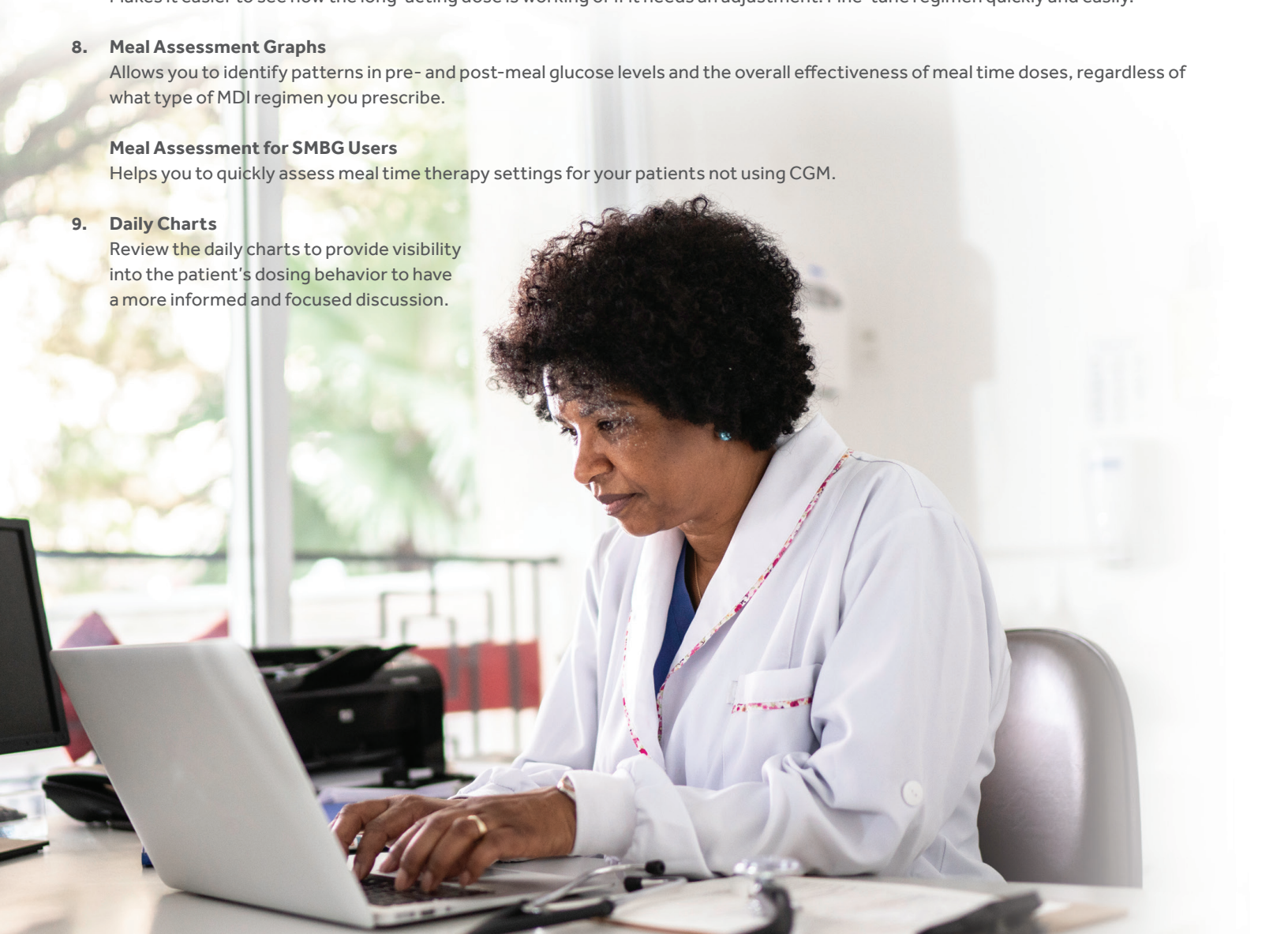
Allows you to identify patterns in pre- and post-meal glucose levels and the overall effectiveness of meal time doses, regardless of what type of MDI regimen you prescribe.

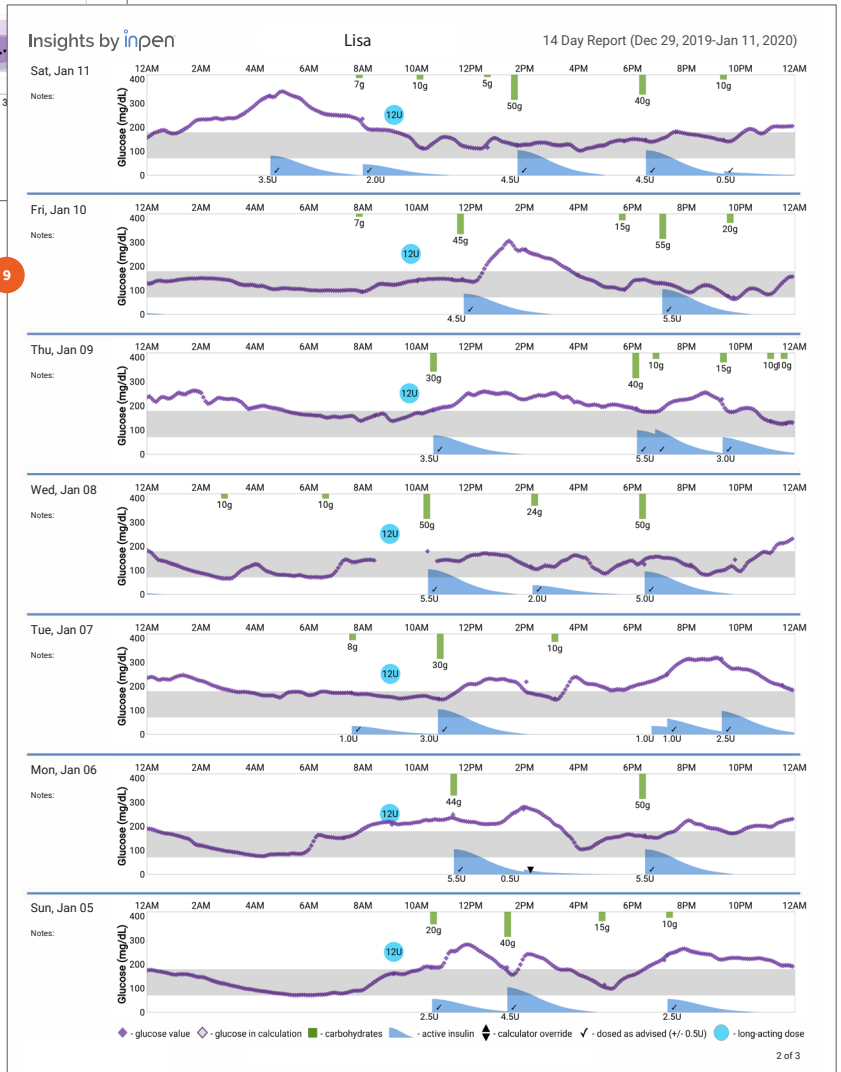
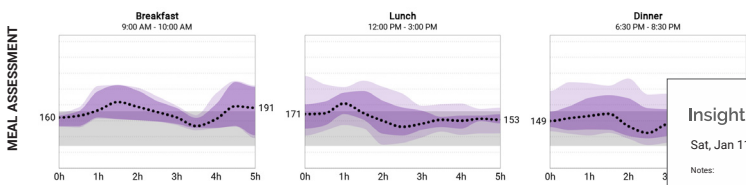
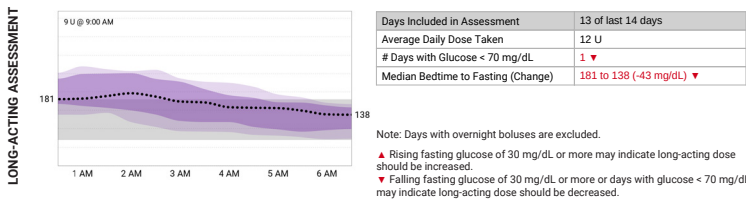
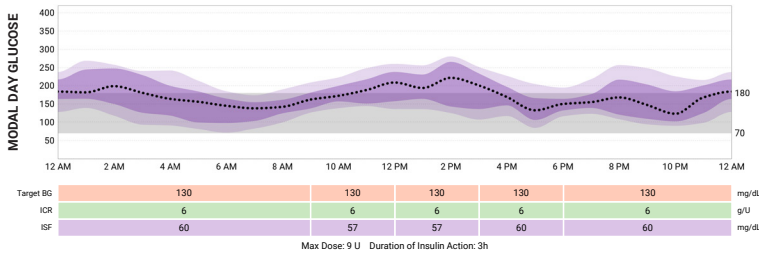
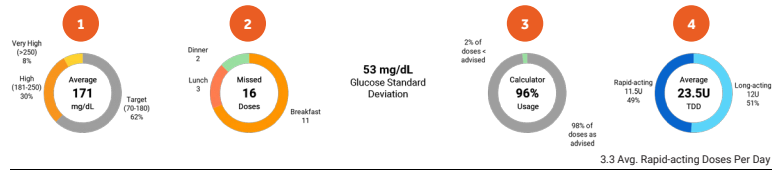
### Meal Assessment for SMBG Users

Helps you to quickly assess meal time therapy settings for your patients not using CGM.

## 9. Daily Charts

Review the daily charts to provide visibility into the patient's dosing behavior to have a more informed and focused discussion.

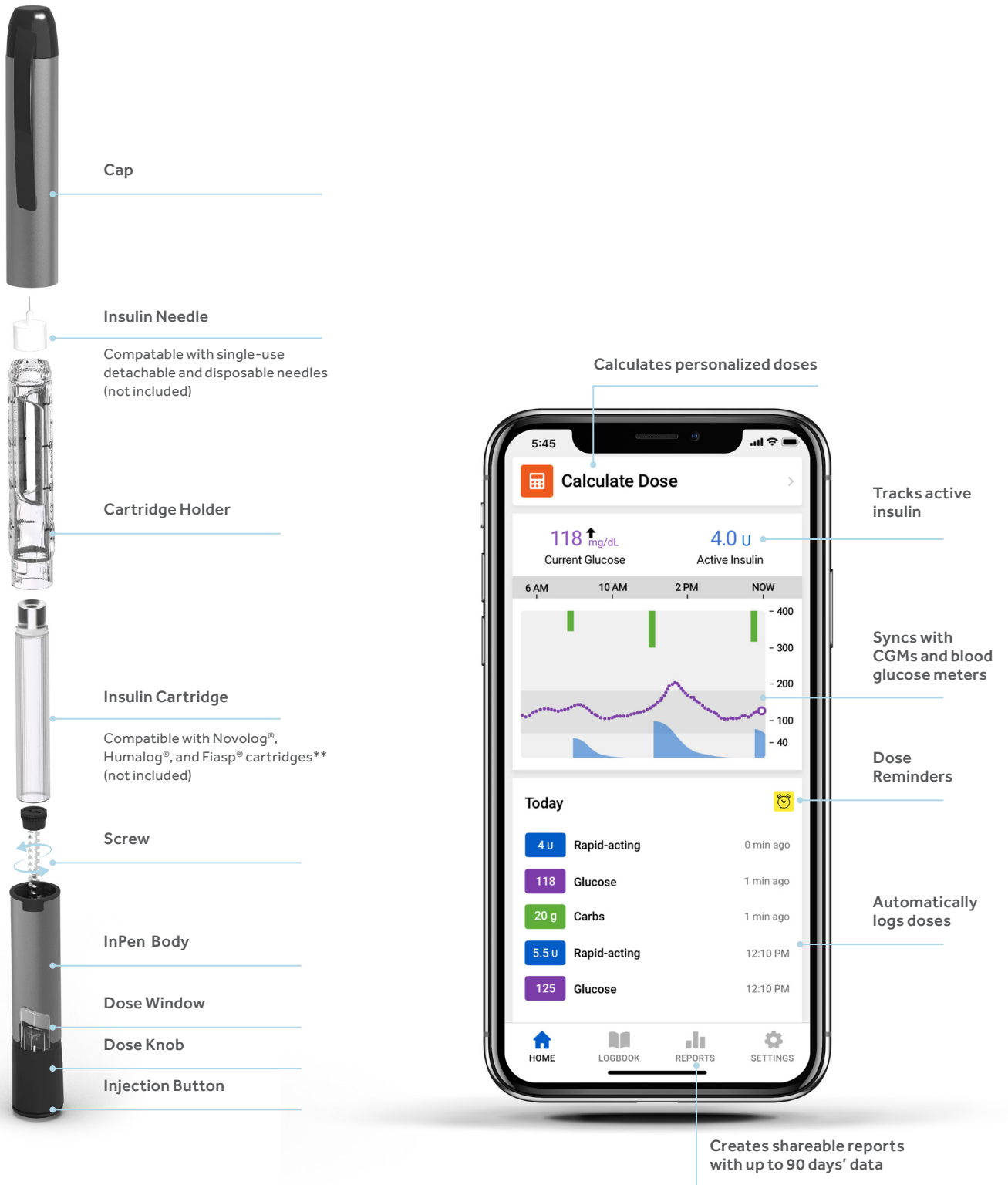




For valuable clinician resources, visit [www.MyInPen.com](http://www.MyInPen.com)

# Get to Know the InPen System.

InPen smart insulin pen has a one-year warranty and does not require charging.



# Navigating the InPen app.

1. Adjust/Edit Therapy Settings
2. Toggle ON/OFF reminders to best fit the patient
3. Connect CGM if skipped during setup



To Edit:

- Bolus Calculator Settings
- Long-acting Insulin Settings
- Meal Time Settings

If pairing a second InPen to the app, Select the '+' to add

Toggle ON/OFF Reminders

Technical Support phone number, email, and link to online Help Center

Connect CGM or BG devices via Apple Health



# Tips

## Assist your patient with time-of-day settings.

- ✓ Advise the patient to check the app home screen for the last dose amount and time, last glucose, and any active insulin-on-board (IOB) when unsure if they took a dose or not.
- ✓ Reinforce the importance of priming before each dose to ensure proper IOB tracking. Demonstrate the sequence of priming then dosing.
- ✓ Remind patients to log additional insulin doses such as long-acting insulin and short-acting doses taken without InPen smart insulin pen in the Logbook.
- ✓ Ask patients to share data reports and engage with your care team between healthcare visits per plan.
- ✓ Encourage the patient to check their blood glucose and use the bolus calculator each time they dose.
- ✓ While fine-tuning settings and learning carbohydrate counting, ask the patient to check their BG 2 hours after their meal-time doses to determine if a correction dose is needed.
- ✓ Suggest patients review their Logbook as needed for daily history and adjust reminders for doses and BG checks as needed.
- ✓ Update Therapy Settings as care plan evolves: Insulin, Time of Day, and Meal Time Settings.

A close-up photograph of two hands clasped together in a supportive grip. The hand on the left is wearing a white ribbed sweater cuff, and the hand on the right is wearing a light blue dress shirt cuff. The background is a soft, out-of-focus light gray.

**We are here to help!**

**Ways to get support.**

Online Help Center:  
**[www.MyInPen.com](http://www.MyInPen.com)**

Call Technical Support:  
**844-843-7903**

Join the community



@MyInPen #MyInPen



**START PRESCRIBING TODAY!**  
[www.MyInPen.com](http://www.MyInPen.com) or call 844-394-5770

Smart insulin pens connect to a mobile app to provide dosing calculations, reminders and CGM system integration.

\*Data may not appear or be delayed in certain instances, including when there is no internet connection. A confirmatory fingerstick is required prior to making adjustments to diabetes therapy.

\*Terms and Conditions: Eligibility Requirements for InPen™ Patient Access Program: Open to uninsured patients and patients with commercial prescription insurance and who are not enrolled in any government-funded program that pays for prescription devices or treatments. Excluded participants include patients enrolled in any federal, state, or government-funded healthcare program such as Medicare, Medicare Advantage, Medicare Part D, Medicaid, Medigap, Veterans Affairs (VA), the Department of Defense (DoD) or TRICARE® that provides coverage for InPen, or where prohibited by law. Cash Discount Cards and other non-insurance plans are not valid as primary under this offer. If at any time a patient becomes enrolled under any such federal, state, or government-funded healthcare program, he/she will no longer be able to use this program and must call 844-843-7903 to stop participation. Restrictions may apply. Offer subject to change or discontinuation without notice. This is not health insurance. Offer applies to a maximum of 2 prescribed InPens per Patient per benefit year. Offer good only in the USA at participating pharmacies and cannot be redeemed at government-subsidized clinics.

\*\*Humalog® is a registered trademark of Eli Lilly and Company. Fiasp® and Novolog® are registered trademarks of Novo Nordisk A/S.

#### Important Safety Information: Guardian™ Connect CGM System

The Guardian™ Connect system requires a prescription and is indicated for continuous or periodic monitoring of glucose levels in the interstitial fluid under the skin, in patients (14 to 75 years of age) with diabetes mellitus. The system is intended to complement, not replace, information obtained from standard blood glucose monitoring devices, and is not recommended for people who are unwilling or unable to perform a minimum of two meter blood glucose tests per day, or for people who are unable or unwilling to maintain contact with their healthcare professional. The system requires a functioning mobile electronic device with correct settings. If the mobile device is not set up or used correctly, you may not receive sensor glucose information or alerts. For complete details of the system and its components, including warnings, contraindications, and precautions, please consult the user guide at [www.medtronicdiabetes.com/support/download-library/user-guides](http://www.medtronicdiabetes.com/support/download-library/user-guides) and important safety information.

#### Important Safety Information: InPen™

The InPen™ is a home-use reusable pen injector for single-patient use by people with diabetes under the supervision of an adult caregiver, or by a patient age 7 and older for the self-injection of a desired dose of insulin and for calculating an insulin dose or carbohydrate intake based on user entered data. A healthcare professional must assist in dosage programming of the device prior to use, based on various patient-specific criteria and targets. The InPen™ requires a prescription. For additional product and safety information, please consult the Instructions for Use and [bit.ly/InPenSafety](http://bit.ly/InPenSafety).

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